**Osteopathic Curriculum**

**Objective:** Develop a standardized, longitudinal curriculum for Osteopathic residents who wish to continue their training in Osteopathic Manipulative Medicine.

**Current Goals:**

- Monthly opportunities for OMT clinic
  - Offered 1-2 times per month at the Meridian clinic
  - Future plans for weekly OMT clinic staffed at Meridian and Raymond.
  - Currently available for osteopathic residents. Working towards opening it up to all residents in the future depending on staffing, interest.
- Quarterly Osteopathic-focused journal club: Wednesday evenings hosted by DO faculty.
  - Plan to start January 2018
- Textbooks/learning materials: OMT manuals at each clinic site. Working on purchasing spine models, TENS unit, and possibly a percussion hammer.
- Didactics:
  - OMT-focused 4th Half Day Conference every other year
  - Quarter Day Conference annually
  - Osteopathic manipulation in pregnancy: MCH lecture second half of the year.
- Osteopathic Committee: run by at least one resident and faculty, to meet throughout the year and troubleshoot any Osteopathic-related matters at FMRI.
  - Current leadership: Dr. McCormick (R3); Dr. Shepherdson (Faculty)
- Fascial Distortion Model as an *optional* twice monthly clinic for DO’s and MD’s interested - as led by trained PT from community.
- Creation of an OMT Elective
  - Work in OMT clinic
  - Partnering with Osteopathic physicians in the community.
  - Opportunity to host a lecture or journal club

**Future goals:**

- Provide each Osteopathic resident with the same OMT manual for standardization
- OMT resident after-clinic meetings to share techniques, practice skills
- Strengthening involvement with the Idaho Osteopathic Physicians Association (IOPA), including conference attendance and presentations
- Partnerships with Idaho College of Osteopathic Medicine once opened

**Textbooks:**

- *OMT Review.* Savarese, Robert; 3rd Edition